

## MARDI HIMAL TREK - 11 Days

If you have limited time for holiday then this trek is perfect combinations for you. In Annapurna region there are plenty of options to trek with stunning mountains and landscape despite many options Mardi bound gives you extra ordinary of Experience with your time frame. Annapurna South, Hiunchuli, Machhapuchhre, Gangapurna, Annapurna I and Mardi Himal are the vestas of the Mardi Trek.

Mardi Himal Takes you inside the Annapurna Sanctuary trek, Starting from 820 meter Pokhara to Mardi Himal base Camp. Within short period of time you will get to see entire Annapurna ranges along the Mardi Himal. Additionally, this trek mostly passes through forests covered with oaks and rhododendrons, so wildlife such as Musk deer, Langurs, other monkeys of various species, Danfe (Lophophorus), and porcupines can be seen during the trek.

## PRICE INCLUDES

- Hotel in Kathmandu on a bed-and-breakfast basis
- Hotel in Pokhara on a bed-and-breakfast basis
- Hotel/lodges during trekking on a sharing basis
- All transportation
- One expert trek leader or Trek with Norbu
- Use of trekking kit bag during the trek
- One assistant guide between 4 trekkers
- One porter between two trekkers
- Proper clothing for porters and crew
- Food for porters & crew members
- Insurance for team and porters
- All permits
- All meals on the trek
- Domestic airfare (where applicable)

## PRICE EXCLUDES

- International airport taxes
- Visas
- All optional additional tours or activities during free time
- Transportation outside of the tour program
- Travel insurance (compulsory to have insurance that covers helicopter evacuation)
- Tips and gratitude for staffs and Leader's tips at your discretion.
- Items of a personal nature, e.g., alcoholic drinks, bottled beverages, laundry, souvenirs, etc.

## FAQ

### 1. How difficult is the Mardi Himal Trek?

The Mardi Himal Trek is considered moderately complex. It involves daily walks of 5-7 hours on well-defined trails, with some steep ascents and descents. While no technical climbing skills are required, a reasonable physical fitness level is recommended to enjoy the trek fully.

### 2. How long does the Mardi Himal Trek take?

The Mardi Himal Trek typically takes 7-11 days to complete, depending on your pace and the specific itinerary. This duration includes time for acclimatization and exploration of critical viewpoints along the route.

### 3. What is the best time to trek Mardi Himal?

The best time to trek Mardi Himal is spring (March to May) and autumn (September to November). These seasons offer the most stable weather, clear skies, and the best views of the mountains. The spring season is lovely, with blooming rhododendrons adding vibrant colors to the trail.

### 4. What type of accommodation is available on the Mardi Himal Trek?

Accommodation on the Mardi Himal Trek is primarily in tea houses or lodges. These provide basic facilities such as a bed, blanket, and shared bathrooms. While the amenities are simple, they are adequate for trekkers and offer a warm and welcoming atmosphere.

### 5. Is the Mardi Himal Trek suitable for beginners?

Yes, the Mardi Himal Trek suits beginners in good physical condition. The trails are well-marked, and the daily walking distances are manageable, making it an excellent choice for those new to trekking. However, being prepared for the altitude and changing weather conditions is essential.

### 6. Which is better: Mardi Himal or Poon Hill Trek?

The Mardi Himal Trek offers a more remote and less crowded experience, with higher altitude and closer views of the Annapurna range. The Poon Hill Trek is shorter, easier, and famous for its sunrise views over the Himalayas, making it a popular choice for those with limited time or seeking an easier trek. Your choice depends on whether you prefer solitude and challenge (Mardi Himal) or ease and iconic views (Poon Hill).

### 7. How cold is the Mardi Himal Trek?

Temperatures on the Mardi Himal Trek can vary widely depending on the season. In the higher altitudes, temperatures can drop to as low as -10°C (14°F) during the night in winter, while daytime temperatures can range from 5°C to 15°C (41°F to 59°F). In the lower altitudes, temperatures are generally milder.

#### **8. What is the highest point of the Mardi Himal Trek?**

The highest point of the Mardi Himal Trek is the Mardi Himal Base Camp, located at an altitude of 4,500 meters (14,763 feet). This vantage point offers breathtaking panoramic views of the Annapurna range, including Machhapuchhre (Fishtail) and Mardi Himal.