

## Pikey Peak Trek - 15 Days

Pikey Peak, located in eastern Nepal, is renowned for its sweeping views of the Himalayan range, including Mount Everest. Trekking to Pikey Peak is highly sought after, offering unforgettable sunrise panoramas and insights into local Nepalese culture. We can see the stunning panoramic views of the Himalayas, including Mount Everest. Trekking to Pikey Peak is a popular activity known for its breathtaking sunrise vistas and opportunities to experience rural Nepalese life. The trek typically starts from Jiri or Phaplu and passes through Sherpa villages, rhododendron forests, and high-altitude meadows. Optimal trekking seasons are spring and autumn for favorable weather conditions. In sum, Pikey Peak promises a remarkable adventure, blending natural splendor with cultural immersion.

## PRICE INCLUDES

- Accommodation in the Lodge (dinner, breakfast and lunch)
- 3 nights of city accommodation (Kathmandu) with breakfast.
- All transportation, including airport pickup and drop-off.
- Trekking permit in the national park and TIMS Card
- Expert trekking leader, assistants guide (1 assis. for 4 guests), Porters (1 porter for 2 customers)
- First aid medical kit (Your guide will carry the medical kit but we also advise you to bring it for your use)
- All government and local taxes.
- Nepalese team insurance
- Farewell dinner

## PRICE EXCLUDES

- Nepal entry visa at immigration at Tribhuwan International Airport (TIA) (approximately 50 USD) per person per month (For this trek 15 days of visa is enough)
- Trekking equipment such as sleeping bags, down jackets, trekking poles, etc.
- Shower, Wi-Fi, cell phone pill charging and device
- Unexpected costs due to health, flight cancellation, weather conditions, etc.
- All kinds of drinks and snacks.
- Tips for the guide and porter after the trek.
- Insurance
- International flight

## ITINERARY IN DETAIL

### Day 1: Day 1: Arrival in Kathmandu

Arrival at Kathmandu airport (usually in the afternoon) already marks our entry into another world... Customs formalities, baggage collection, and welcome by our local French-speaking guide. Crossing the city to the hotel already offers a first discovery of the bustling and colorful capital of Nepal. Buses, trucks, bicycles, and sacred cows crisscross in a friendly chaos... Depending on the arrival time, visit the surrounding area or simply settle in and rest at the hotel before your dinner.

Accommodation: In the hotel

### Day 2: Day 2 Kathmandu-Bamti Bhandar (2190m), At a distance of (235km) (7/8 hours by Jeep)

We pass by the road of Dhulikhel, crossing magnificent landscapes of lush green valleys and ancient villages. Gradually we notice significant changes in temperatures and distant horizons as we climb from hill to mountain. You will have breathtaking views of the Himalayan ranges and peaks. We continue to climb until we reach Bamti Bhandar

By Jeep - 7/8hours

Accommodation: In the lodge

### Day 3: Day 3 Bhandar- Namkheli (2300m) - Goli (3000m)

Today, we descend to Phaplu which takes about 5 hours. The trail is gently downhill along the small stream and can enjoy delicious local food and participate in the farewell to our staff.

Walking time: between 6h to 6h30

Accommodation: In the lodge

Height difference: +

### Day 4: Day 4 Goli Gompa (3350m) - Ngamor Gompa (3600m) - Pikey Base Camp

We start our day with ups and downs through a thick forest of rhododendrons. If you are with us in spring, you will be able to contemplate the rhododendrons in flower against a backdrop of cries and songs of a crowd of birds. All around, the high snow-capped peaks surround you. After lunch, we continue our climb to Pikey Basecamp. Breakfast, lunch, and dinner are included.

Walking time: between 6h

Accommodation: In the lodge

Height difference: +1200 m/-100m

### Day 5: Day 5 Pikey Base Camp - Pikey Pick- Jharsabhangyang(3550m)

Today is the important day of this trek that we start early in the morning, warmly equipped to climb PikeyPeak (4070m.). It takes about an hour to climb to reach the viewpoint. Upon our arrival at the top, we will surely be in sync

with the sunrise on the most prestigious Himalayan peaks: Everest, Makalu, Kanchenjunga, AmaDamlam, Lhotse, Nuptse, Nubri, Gaurisankhar range, and Langtang Himal towards the far West. After this unforgettable view, we will go back down to Jarsabhanjyang for lunch. The end of the day will be dedicated to exploring the surrounding area.

Walking time: between 6h to 7h

Accommodation: In the lodge

Height difference: +

### **Day 6: Day 6 Jharsabhangyag to Junbesi (2550m)**

After having breakfast, we descend towards Junbesien through the forests of rhododendrons, thickets, meadows, and so many magnificent panoramas. Junbesi is a very beautiful Sherpa village located near the bottom of the Solukhumbu region. The visit proves to be fascinating on a cultural level and for the look. You will have excellent memories of the hospitality of the Sherpas.

Walking time: between 5h

Accommodation: In the lodge

### **Day 7: Day 7 Junbesi- Thuptenchoiling monastery- Junbesi a hike of Junbesi**

Today is the day that, we can observe a real hike of viewpoints up to Thupten Chholing Monastery, located on the side of the high mountain which rises just north of Junbesi. Founded by His Holiness Thrulsik Rinpoche, in 1960, after he escaped from Tibet. It is an independent and autonomous monastery, surrounded by aromatic pines, standing in an environment of great beauty, and numerous varieties of flower scents and exudes an immense serenity that extends all around. A community that brings together around 700 monks and nuns who study Buddhism, meditate, and pray all day and night. You will be introduced to some traditional medical therapies and you can visit the monastery. Depending on the good disposition of the lama guru, we will be able to attend a collective meditation session. We will have lunch at Thupten Chholing Monastery with the nuns and monks. In the evening, we will return to Junbesi to spend the night.

Walking time: between 5h to 5h30

Accommodation: In the lodge

### **Day 8: Day 8 Trek from Junbesi to Taksindu La (3870m)**

We start our trek from Junbesi. Crossing the walls and bridges of Mani, you will descend on stone steps to reach Ringmu, a small Sherpa village with stunning views of Numbur Himal (6958m). After a lunch break, you will walk through dense forests on a steep trail until you reach Takshindo La Pass (2960m). Takshindo La offers panoramic views of Numbur Himal (6958m) and other snow-capped peaks.

Walking time: between 5h to 5h30

Accommodation: In the lodge

### **Day 9: Day 9 Taksindu la to Sahasbeni (3850m)**

The path is very long but pleasant, following the ridge and offering many varied landscapes to admire along the way. As you approach Saharsbeni, you will have a close view of many snow-capped mountains.

Walking time: between 7h

Accommodation: In lodge

### **Day 10: Day 10 Saharsbeni to Dudhkunda (4600m) -Saharsbeni (3835m)**

You will take a detour to explore Dudh Kunda. It's a beautiful day. You can walk around the lake and admire the view. You will also have the opportunity to pray and visit the temples around the lake and surrounding areas. After exploring this place, you will return to the same lodge at Saharsbeni to spend the night. Dudh Kunda Lake lies at the foot of Mount Numbur and the Karyalung Glacier. It is believed to be the abode of Lord Shiva. This place is sacred to Hindus and Buddhists, and many pilgrims go there during the full moon in August. According to tradition, bathe in the icy lake to purify all sins. We can have a rest after lunch break.

Walking time: between 3h to 3h30

Accommodation: In the lodge

### **Day 11: Day 11 Saharsbeni to Ringmu ( 2720m)**

The whole day will be devoted to the return to Ringmu. The relatively easy trail passes through forests of pine, rhododendrons, and many other shrubs. You will spend the night in a lodge in Ringmu.

Walking time: between 6h

Accommodation: In the lodge

### **Day 12: Day 12 Trek from Ringmu to Chiwong Gompa- Sallery**

We leave the main trail and head towards Chiwong Gompa, located on top of a cliff with magnificent views of the valley. After a visit to this Gompa, your trek continues towards Sallery, the district administrative center of Solukhumbu.

Walking time: between 5h to 5h30

Accommodation: In the lodge

### **Day 13: Day 13 Sallery to Kathmandu**

Drive back to Kathmandu via a country road offering superb panoramic landscapes. You will arrive in Kathmandu at the end of the day and spend the night at the hotel. Return back to civilization

Jeep - Around 10 hours of drive

Accommodation: In the hotel.

### **Day 14: Day 14 Kathmandu Visit**

Free time to visit the sites, shopping, rest and visit

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**Day 15: Day 15 Depart to your home Country**



## FAQ

### 1. What mountains can you see from Pikey Peak?

The summit of Pikey Peak is at an altitude of 4,065m. This is an incredible panoramic viewpoint of the Himalayan range. From the summit, you can see Mount Everest, Mount Numbur, and Mount Lhotse. The late Sir Edmund Hillary once said "Pikey Peak is the most astounding place to gaze at Mt.

### 2. How do I get to Pikey Peak?

Pikey Peak trekking route lies in the mesmerizing Lower Khumbu region of Nepal, in Solukhumbu District. The trekking route starts from Dhap, which is only a 6-7 hour drive away from Kathmandu. You can also reach the trekking destination by a 30-minute flight to Phalpu from Kathmandu.

### 3. Are there teahouses or lodges along the trail?

Yes, there are teahouses and lodges available throughout the Pikey Peak Trek route, providing accommodation and meals. You don't need to carry a tent or cooking equipment.

### 4. Is altitude sickness a concern on this trek?

Pikey Peak's altitude is relatively moderate, making it less prone to altitude sickness. However, it's still crucial to acclimatize properly, stay hydrated, and be aware of the symptoms of altitude-related issues.

### 5. How difficult is the Pikey Peak Trek?

The Pikey Peak Trek is considered to be of moderate difficulty. It involves daily walks of 5-7 hours over varied terrain, including some steep ascents and descents. While it doesn't require prior trekking experience, excellent physical fitness is necessary to enjoy the trek. The altitude is also manageable, with the highest point being Pikey Peak itself at 4,065 meters (13,336 feet), which reduces the risk of altitude sickness compared to higher treks in Nepal.

### 6. What is the best time to trek to Pikey Peak?

The best time to trek to Pikey Peak is during the spring (March to May) and autumn (September to November). During these seasons, the weather is stable with clear skies, offering the best conditions for viewing the Himalayan panorama. The spring season is terrific as the rhododendron forests are in full bloom, adding vibrant colors to the trek.