

Short Mardi Himal Trek in 7 Days - 7 Days

If you are looking for a great, adventurous short trek, the Mardi Himal trek is the best option. It is a 7-day trek where you can enjoy the breathtaking Himalayan scenery and natural beauty. It is beginner-friendly, so with a few preparations, you can witness nature.

Mardi Himal is less crowded than the famous [Annapurna Circuit Trek](#) or [Everest Base Camp Trek](#), making it an excellent option for a peaceful, less touristy experience. The trek combines easy hiking with incredible views of the Annapurna range, Machapuchare (also called Fishtail Mountain), and Hiunchuli, giving you a taste of the beauty of the Himalayas.

The Mardi Himal trek starts in the small village of Kande and takes you through dense rhododendron forests, past traditional villages, and finally to fantastic mountain views. When you reach Mardi Himal Base Camp (4500 m), you will see Machapuchare, the revered "Fishtail" mountain, up close, which is distinguished by its unusual shape.

The Gurung and Magar tribes greet travelers near the trail with their famous hospitality, blending Hindu and Buddhist customs in their society. Although it is not overly demanding, the trek presents an excellent choice for novice hikers who need compact yet beautiful experiences.

TRIP HIGHLIGHTS OF THE MARDI HIMAL TREK

- Annapurna Sanctuary Region
- Mardi Himal Base Camp
- Enchanting rhododendron forests, incredibly vibrant during the spring (March to April)
- Fast-flowing Seti rivers and Lwang waterfalls.
- Immerse in local culture, cuisine, and warm hospitality while interacting with Gurung, Chhetri, Brahmin, and Tamang communities.

What is The Best Time to Trek Mardi Himal?

People find the Mardi Himal Trek enjoyable primarily during the spring months from March to June and fall from September to November because of pleasant weather conditions. Stepwise difficulty adjustments are needed for this route because of challenging weather during monsoon seasons and winter months.

WHY CHOOSE THE MARDI HIMAL TREK?

- **Less Crowded:** A peaceful alternative to the popular Annapurna Base Camp trek.
- **Stunning Views:** Close-up panoramas of Annapurna, Machhapuchhre & Mardi Himal.
- **Short & Rewarding:** Ideal for those with limited time but seeking a high-altitude adventure.
- **Cultural Experience:** Walk through traditional villages and interact with local Gurung communities.

CONCLUSION

One of Nepal's most stunning and approachable treks is the [Mardi Himal Trek](#). It's ideal for hikers who wish to visit the [Annapurna region](#) without embarking on a lengthy journey because it offers breathtaking views, a rich cultural experience, and a manageable path. No matter how experienced you are at trekking, Mardi Himal will leave you with unforgettable experiences.



PRICE INCLUDES

- 2-night hotel in Kathmandu on a bed-and-breakfast basis.
- Domestic flights from Kathmandu - Pokhara and return airfare.
- One expert trek leader with a local assistant.
- All meals (the best and healthiest food in the local tea houses) And accommodations.
- Three-time meals during a trek, along with Tea/coffee and snacks.
- Staff's salary, food, insurance, and clothing.
- Farewell dinner in Kathmandu.

PRICE EXCLUDES

- Nepal Visa
- International flights
- Personal expenses and meals in Kathmandu.
- Travel insurance (It's mandatory to have for Rescue and evacuation).
- Tips and gratitude for staff and guide.
- Donation and local entrance fee.
- Extra baggage weight on domestic flight
- Personal expenses like Alcohol, Local fabric, and Local monuments.

ITINERARY IN DETAIL

Day 1: Day 1: Kathmandu to Pokhara

- Drive (6–7 hours) or fly (30 minutes) from Kathmandu to Pokhara.
- Overnight in Pokhara.

Day 2: Day 2: Pokhara to Kande – Trek to Deurali

- Drive from Pokhara to Kande (1 hour).
- Trek to Deurali (2,100m).
- Stay overnight at Deurali.

Day 3: Day 3: Deurali to Low Camp

- Trek through dense and beautiful forests with views of Machhapuchhre.
- Reach Low Camp (2,970m).
- Overnight in Low Camp.

Day 4: Day 4: Low Camp to High Camp

- Hike along a scenic ridge to High Camp (3,580m).
- Enjoy panoramic mountain views.
- Overnight in High Camp.

Day 5: Day 5: High Camp to Mardi Himal Base Camp – Return to Low Camp

- Trek to Mardi Himal early morning (4,500m).
- Witness sunrise over the Annapurna range.
- Return to Low Camp.
- Overnight in Low Camp.

Day 6: Day 6: Low Camp to Siding Village – Drive to Pokhara

- Descend to Siding Village (1,750m).
- Drive back to Pokhara (2–3 hours).
- Rest and relax in Pokhara.

Day 7: Day 7: Pokhara to Kathmandu

- Drive (6–7 hours) or fly (30 minutes) back to Kathmandu.
- End of trek.

FAQ

1. Is Mardi Himal Trek beginner-friendly?

The Mardi Himal trek is considered moderate in difficulty. If you are a beginner, you can complete the trek by practicing regular exercise at home.

2. Does the Mardi Himal Trek need prior experience?

No, novices with a basic fitness level can complete the moderate Mardi Himal Trek.

3. What is the Mardi Himal Trek's highest point?

The trek's highest point is the 4,500-meter-high Mardi Himal Base Camp.

4. What permits do I need for the Mardi Himal Trek?

You will need a TIMS card (Trekking Information Management System) and an ACAP permit (Annapurna Conservation Area Permit).

5. When is the best time to do the Mardi Himal Trek?

The finest seasons for the Mardi Himal Trek are spring (March to May) and fall (September -November) when the weather is clear and stable.